

HEALTH SERVICES

Canadian students requiring medical care in a clinic or at the hospital must have their health insurance card to obtain treatment. International students must pay for all services with cash, credit card or debit card to obtain medical care in Canada. We strongly suggest that you buy health care insurance valid for the length of your stay in order to get reimbursed for any medical care you may need during your stay. FYI, a doctor's visit costs approximately \$100 CDN and a visit to the emergency room can cost between \$500 and \$700 CDN. You can request a copy of your file from the doctor or hospital for reimbursement by your insurer.

FOOD AND ALLERGIES

The menus prepared at our cafeteria are varied. The food is wholesome and home made. Three meals are served each day with balanced portions of meat, fish, fruit, vegetables, salads and dessert.

Vegetarian menu

A vegetarian menu option is offered to students for the entire stay, and must be specified on the registration. However, le Domaine Forget does not offer a vegan option. Minor food allergies will be handled individually by the cafeteria staff; again, this must be specified on the application form.

IMPORTANT NOTICE – LIFE-THREATENING FOOD ALLERGIES

Unfortunately, the cafeteria staff at Domaine Forget cannot sterilize their kitchen to accommodate victims of life-threatening food allergies. Adult students (18 years and older) with life-threatening food allergies must bring and cook their own food, pots, pans and cooking utensils can be provided.

Minors (under 18 years old) with life-threatening food allergies must be accompanied by an adult or guardian who will take charge of all the student's meals. The parent or tutor must find off-campus housing.