



Arielle Warnke-St-Pierre, guest teacher

Arielle Warnke St-Pierre has been active on the contemporary dance stage of Quebec since 2002. Among others, she has been performing with Le fils d'Adrien danse and Alan Lake Factori(e), for more than 15 years. Aside from her artistic career, she contributes to the creation of L'artère, an organization offering services for dance artists, where she assumes the role of artistic and general direction. Promoting a collaborative creative process, she cofounds and codirects company ARIELLE ET SONIA. With this same approach, she has been sharing for some years a fundamental research project called Les Hiérarchies Horizontales, along with fellow dancers Eve Rousseau-Cyr and Fabien Piché.

Workshop description

Exploration space: in this workshop, I will share tools gleaned among a number of teachers who made a strong impression on my practice as a movement-based artist. I will share my fascination for biomechanics and the patterns of our instinctive reflexes, whether alone or with a partner, with the objective of nourishing a globally aware, poetic body, that is open to others. The workshop emerges from my curiosity towards the awakening of the body to imagination, physicality, and the connection to others. I offer a space to share and build on these elements.